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## Relief Support Worker

**Reference: 72806**

### Newcastle Step up Step Down Service

Thank you for your interest in the above post, please find the specific role requirements and duties for this post detailed within this document. When completing the application form you may submit additional documentation however we cannot accept a CV as a completed application.

### Closing Date: 05 November 2024

Once you have submitted your application form allow *7 working days* after the closing date for a response. Please return the application form by email to [recruitment@creativesupport.co.uk](mailto:recruitment@creativesupport.co.uk) or by post to Recruitment, Creative Support, Head Office, Wellington House, 131 Wellington Road, Stockport, SK1 3TS.

We are very much looking forward to receiving a completed application from you.

Yours Faithfully

**Recruitment Department**

**All employees are subject to enhanced DBS checks**



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| Authorised by: |  | Date Authorised: |  | Page Number: | 1 |
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**JOB DESCRIPTION – RELIEF RECOVERY SUPPORT WORKER**

**Newcastle Step up-Step down service**

**Hours:** Zero hours contract (as and when required).

**Responsible to:** Project Manager, Area Manager

**The Role:**

- You will assist senior staff in the planning and delivery of the service.
- You will provide person-centred care and support to people with mental health needs and enable them to gain independence, and to live a fulfilling and meaningful life.
- You will work with service users in a recovery-focused way in line with their support plans and risk management plans.
- Collaborating with service users, families, and involved professionals to provide a consistent and coordinated service that maximises outcomes for service users.

**1. Support Duties:**

- 1.1** Develop warm, trusting relationships with service users to encourage them to express their needs, views, and concerns.
- 1.2** Conduct holistic assessment of service user needs, preferences, goals, aspirations, and risks together with the service user, families, and involved professionals and devise recovery-focused support plans and risk management plans accordingly. Ensure that these are reviewed regularly.
- 1.3** Advise and support service users in managing their license agreement and maintaining the safety, hygiene, and comfort of their home in preparation for a full tenancy. Develop daily living skills with people using Active Support model.
- 1.4** Promote service users’ self-esteem and empower them to express their preferences and make choices and decisions.
- 1.5** Work within the recovery model to support service users to develop a sense of identity, separate from their diagnosis.
- 1.6** Where appropriate, encourage service users to involve their families and partners in their support plan to support their recovery.
- 1.7** Enhance the confidence and coping abilities of service users through encouragement and positive feedback. Empower service users by developing skills in planning and self-organisation, resilience, and encourage them to maintain appointments and commitments.
- 1.8** Collaborate with service users to develop and encourage Wellness Recovery Action Plans/Recovery Circles. Develop crisis/relapse management plans/advanced directives with the service user and multi-disciplinary team.
- 1.9** Support service users who have additional needs due to substance misuse through appropriate advice, support, and signposting. Collaborate with Drug & Alcohol agencies to ensure progress towards goals e.g. harm reduction, abstinence.

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|-----------------------|--|-------------------------|--|---------------------|----------|
| <b>Authorised by:</b> |  | <b>Date Authorised:</b> |  | <b>Page Number:</b> | <b>2</b> |
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- 1.10** Support service users subject to CTO's, Sections of the Mental Health Act/Home Office Restrictions and Guardianship Orders to comply with all requirements. Collaborate with the Care Coordinator, RMO or Social Supervisor to effectively manage risk/compliance.
- 1.11** Support service users who are at risk of offending or who are subject to Probation Orders/Community Sentencing to avoid reoffending and comply with all requirements.
- 1.12** Where appropriate, ensure that service users have regularly reviewed move-on plans. Assist service users in obtaining appropriate move-on accommodation which meets their needs and preferences and empowers them to live independently in the community. (in conjunction with MDT)
- 1.13** Support service users to budget and manage their finances and ensure that service users receive their full benefit entitlement by liaising with Welfare Rights/advice agencies.
- 1.14** Enable service users to participate in their communities, to enjoy the rights and responsibilities of citizenship, and to access legal advice and independent advocacy.
- 1.15** Encourage service users to take as much responsibility as possible for the management of their physical and mental wellbeing and to access relevant services.
- 1.16** Assist in monitoring service users' mental health and general wellbeing and inform the line manager and involved professionals of concerns or changes in needs and circumstances.
- 1.17** Support service users in complying with prescribed medication in line with their support plan. Liaise with the prescribing doctor regarding the compliance with prescribed medication. Ensure that service users attend medical appointments and medication reviews.
- 1.18** Ensure that vulnerable adults and young people are safeguarded from harm. Comply with Creative Support and the Council's safeguarding policies and procedures and report safeguarding concerns immediately to the Council, Service Director, and the Duty/On Call Manager.
- 1.19** Support service users to reduce risks to themselves and others in line with risk management plans. Work within a positive risk management approach whilst upholding your Duty of Care. Work with involved professionals to take a consistent approach to risk.
- 1.20** Ensure that the service supports service users in developing socially valued lifestyles, including culturally and age appropriate experiences, building on strengths, interests, and aspirations of service users. Enable people to access social, leisure, work and educational opportunities and to sustain an active programme of involvement in such activities.
- 1.21** Contribute to evaluation of the effectiveness of support plans.
- 1.22** Work in the role of key worker for identified individuals.

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| <b>Authorised by:</b> |  | <b>Date Authorised:</b> |  | <b>Page Number:</b> | <b>3</b> |
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**2. General Duties:**

- 1.23** Promote Creative Support, its services and activities to clients, carers, other agencies and the general public and contribute to the wider business development and reputation of Creative Support.
  
- 1.24** Accept support, supervision and guidance from senior colleagues.
  
- 1.25** Carry out all work in a manner consistent with the aims of the project and the service principles adopted by Creative Support.
  
- 1.26** Ensure that you and other staff, volunteers and students on placement comply with the following:
  - Health and Safety policies and Equal Opportunities Policy
  - Safeguarding of Vulnerable Adults, including immediate reporting of safeguarding concerns to the Council, the Registered Manager and the Duty/On Call Manager.
  - Confidentiality and data protection
  - Health and Social Care Act 2008, including active prevention and control of infection within the capacity of the role
  - All Creative Support policies, procedures and guidelines for best practice
  
- 1.27** All employees should be aware that due to the nature of work Creative Support undertakes there is a requirement to support service users with daily living skills and individual activities which will include moving and handling.
  
- 1.28** Identify own training needs in discussion with line manager and attend training events and courses as required.
  
- 1.29** Any other duties as required.

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| <b>Authorised by:</b> |  | <b>Date Authorised:</b> |  | <b>Page Number:</b> | <b>4</b> |
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**PERSON SPECIFICATION – RELIEF ECOVERY SUPPORT WORKER**

**Newcastle Step up-Step down service**

|          | <b>QUALITIES REQUIRED</b>  | <b>How Assessed</b>     | <b>Essential /Desirable</b> |
|----------|--|-------------------------|-----------------------------|
| <b>1</b> | Experience of providing care and support to vulnerable people that may include mental health needs, LD, Autism, ADHD, Personality disorder, behaviour that can be challenging, risky behaviour i.e. drug/alcohol abuse, people who are vulnerable and at risk of exploitation/violence and harm. (age 16+) | Application             | Essential                   |
| <b>2</b> | Possession of a relevant social care or professional qualification   | Application             | Desirable                   |
| <b>3</b> | A warm, respectful and positive approach to working with service users   | Interview               | Essential                   |
| <b>4</b> | Excellent written and verbal communication skills and ability to contribute to record keeping to an acceptable standard  | Interview               | Essential                   |
| <b>5</b> | Collaborate with service users, families, carers, and involved professionals to maximize outcomes for service users  | Interview               | Essential                   |
| <b>6</b> | Knowledge of welfare benefits and ability to ensure tenants receive their correct entitlement  | Application & Interview | Desirable                   |
| <b>7</b> | Promote anti-discriminatory practice and develop a service that is welcoming to all service users  | Interview               | Essential                   |
| <b>8</b> | Willingness to work flexibly on a rota to meet the needs of the service, including evenings, wake nights, weekends, and bank holidays  | Application & Interview | Essential                   |
| <b>9</b> | Ability to support service users with physical health needs, for which a degree of physical fitness may be required  | Application & Interview | Essential                   |

## TERMS AND CONDITIONS – RELIEF RECOVERY SUPPORT WORKER

### Newcastle Step up-Step down service

#### Salary:

**£11.90 per hour.**

#### Hours of Work

As required

#### Holidays

You will receive paid holiday hours in respect of holidays which have been accrued. Payments will be calculated as an average, using hours worked over the preceding 12 week period up to a maximum of 180 hours (24 days) per holiday year. Holiday pay is not automatically given and these must be requested.

#### Probationary Period

The first four months will constitute a probationary period. When this is successfully completed, employment will be confirmed.

#### Sickness Policy

You will not be entitled to company sick pay.

#### Disclosure Checks

All appointments will be subject to DBS enhanced disclosure and ISA checks.

#### Sona App:

It is mandatory for all bank staff to sign up for the Sona app which is used to advertise available shifts.

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| Authorised by: |  | Date Authorised: |  | Page Number: | 6 |
|                |  |                  |  |              |   |